

## Food Items to Donate

Grains: Bread, Cereal, Rice, and Pasta		Protein Foods: Meat, Poultry, Fish, Dry Beans, and Nuts		Vegetables			
rice and rice mixes canned pastas noodle mixes dry noodles and pastas macaroni and cheese cold cereals** bran cereal shredded wheat infant cereal hot cereal mixes oatmeal bread, muffin, and pancake mixes whole-grain crackers granola bars graham crackers flour bread		canned tuna** canned chicken canned beef stews canned salmon bean soups canned or dried beans baked beans canned chili** peanut butter or other nut butters canned or packaged nuts		canned vegetables vegetable soup canned tomato products spaghetti sauce** baby-food vegetables V-8 juice			
Dairy: Milk, Yogurt and Cheese		Fruits		Oils and Condiments		Extras	
infant formula nonfat dry milk instant breakfast drinks shelf-stable (UHT) milk cream soups**		canned fruit raisins applesauce dried fruits baby-food fruit fruit leather (100% fruit) canned or bottled 100% juice		vegetable oil salad dressing syrup jelly and jam** honey sugar mayonnaise ketchup mustard		tea coffee spices	

## Non-Food Items to Donate

Paper Products	Soap Products	Personal Care Products	Other Pantry Needs
toilet paper paper towels napkins tissues	hand soap laundry detergent liquid dish soap cleaning products	shampoo toothpaste toothbrushes** shaving cream razors deodorant** feminine hygiene products** baby diapers (all sizes)	a printer and ink** gift cards of any amount to Hy-Vee or Wal-Mart** new freezer

\*\*Short supply or completely out

You may drop off donated items at the Vermillion Food Pantry, located inside Trinity Lutheran Church  
 816 East Clark Street, Vermillion, SD 57069  
 During open pantry hours five days a week or in the drop boxes by the doors of Trinity Lutheran Church  
 Please contact us at [vermillionfoodpantry@gmail.com](mailto:vermillionfoodpantry@gmail.com) for more information.